

Saint Leo Abbey Oblates Email List



~ The Time for Preparation for Lent ~

FAST FACTS

1. Feb. 15 Benedictine Circle

**Dear Oblates, Oblate
Novices, and Friends
of Saint Leo Abbey,**

1. February 15

Benedictine Circle

Please RSVP. [More](#).

We will discuss Chapters 23-25
New Seeds of Contemplation.

Annetta Wallace will lead the
discussion.

**If you already emailed
or phoned about your RSVP,
you do not need to register
for the Circle or lunch again.**

**If you want to attend and
have lunch, please RSVP by
Thursday at noon.**



Saint Scholastica

This wonderful sister of Saint Benedict knew the love of God and its power. [Here](#) is her story from Chapter 33 of the *Life of Benedict*.

ABBHEY CONTACTS

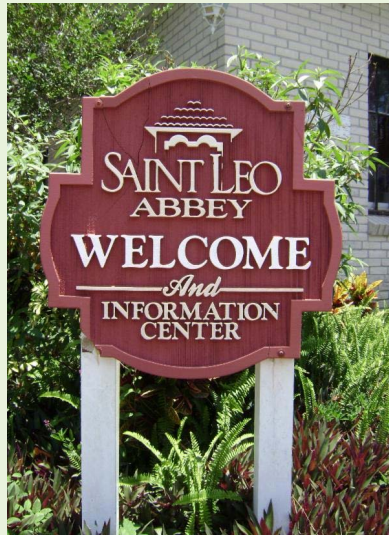
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Director

IsaacOSB@yahoo.com

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Director

stanislawsullivan@hotmail.com

Abbey Reception Office



OBLATES

A brief definition of "Benedictine oblate" is [here](#).

Are you expanding your Benedictine library? The [Novice and Oblate Resources Page](#) on the blog has many books fit for any proper library.

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O.S.B.

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O.S.B.

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[Rule of Saint Benedict](#)

And try Ken Conrad's wonderful [Kindle version](#).



[Free Liturgy of the Hours for phone/tablet](#)

This is the one used by Saint Leo Abbey monks. There is a paid version by another publisher, but it is not always exactly the same as the one used at Saint Leo Abbey. So this FREE one is the one to get.



St. Gertrude the Great

The only female saint called the Great. [More info](#). Her amazing [book of prayers](#) is part of the reasons she is honored as one of eight sunrise saints in the Abbey church. Her light greets you along with that of Saint Walburg.